

SEYMOUR JOHNSON AIR FORCE BASE RETIREE NEWSLETTER

Volume 1, Issue 1

November 2015

Message to the Retiree

Community, from the 4th FW
Commander and Command Chief:

At Seymour Johnson AFB, we appreciate our retiree community. Our base is always open to retirees & their families, but on 12 November we are having a Retiree Appreciation Night dedicated to our retirees to make sure you know about all the new things on base and services that are available to you. Many of you take advantage of the Commissary and Exchange and the great savings they afford. However, these programs are just the beginning of the many opportunities that Seymour Johnson has available for our retirees to enjoy and stay connected.

One year ago, our base started a campaign called 'Make it Better' (MIB) to improve existing programs, create new programs, and make improvements in 'Quality of Life' for Airman & families across the base. We took Airmen's requests and made them a reality, including things like a 24 hr Gym, NFL Sunday Ticket at KittyHawk, Food trucks, a dog park & more.

Retiree Night - 12 Nov

On Thursday, 12 Nov (5:30 to 9:00 p.m.) our Retiree Appreciation Night will start off with a self-serve buffet for the first 200 guests, and remarks from the Wing CC, Retiree Affairs, VA, and others. Retirees can browse a number of stations that highlight the opportunities we offer at SJAFB.

These are exciting times for our Airmen, and we are now focusing MIB to also improve our support for retirees. The Retiree Appreciation Night is designed to inform our retiree community about the on- base and off- base programs that are available to retirees, and to get inputs on what you'd like to see at SJAFB.

Thank you for the years of sacrifice and service you have given that have made our country great. Team Seymour is committed to honoring and serving you!

We hope you enjoy your time here on base and we hope to see some familiar faces, meet up with old friends and make some new ones. Fourth But First!

Col Mark Slocum, 4th FW Commander

CMSgt Jeff Craver, 4th FW Command Chief

MSG Corner

The Mission Support Group is very excited about reinvigorating our relationship with our retiree community! With the large retiree community around SJAFB, we see plenty of opportunity for today's Airmen to learn and grow through interaction and involvement with our retiree community!

Find info on events our base hosts and electronic our FSS Flashpoint online magazine: www.sjfss.com

Check out some of our Facebook pages:

4th Force Support: www.facebook.com/sjfss/

Airman & Family: www.facebook.com/sjafrf/

Golf Course: www.facebook.com/3eagles/

Bowling: www.facebook.com/planetbowl/

Outdoor Recreation & Arts and Crafts:

www.facebook.com/outdoorrec.artsandcrafts/

You can even sign up to get event notifications sent to your phone: Simply text @4fsstext to 757-637-6090

Good News! The gym is open 24/7 now! Stop by the front desk to register for unmanned fitness for access. Please call 722-0408 for more information.

Dog Park on base! In May of this year, the 4 FW built a new world-class dog park on-base at Debden Park for your use across from the Fitness Center! Wide areas for small & large dogs.

Fort Fisher Recreation Area has 36 New Cottages at the beach ...your ocean getaway with special rates!!!



Call 910-458-6549 to make your reservations – Retirees can reserve units up to 4 months in advance!

December: "Holiday Scotch Double" Retiree Bowling Tournament with prizes at Planet Bowl on-base!

January: Fort Fisher Recreation Area Marine Life Guided Walking Tour - coincides with the annual Civil War reenactment held at the Fort Fisher historical site.

February: "Retiree Day at the Skeet Range" A fun day for all skill levels from beginner to experts (with instructors on hand to help anyone and provide tips and information).

MDG Corner...



For SJAFOB Clinic info, search FB: [AFMS Seymour Johnson 4th Medical Group](#)

Come and get to know your Strike Eagle Med during Retiree Appreciation Night (12 Nov starting at 1730)!

We are going to have booths that cover: Dental, Family Health, Health Benefits, Immunizations, Laboratory, Pharmacy, and Wellness

Did You Know...we are opening a new \$57M facility in July 2016??? Come on out and see our story board presentation on how we are building a new and improved future to better serve your healthcare needs.

Did You Know...we have a **Pharmacy Home Delivery** program that can provide your medications directly to your door for less than what you pay downtown...and in some cases even FREE? Come and out and stop by our booth...we will have medics standing by to talk details and register you for the program on site. (NOTE: If you can't make it to the event, you can always stop by our Pharmacy or register online, call by phone, or contact Home Delivery by mail from the following website: <http://www.tricare.mil/CoveredServices/Pharmacy/FillPrescriptions/HomeDelivery/Register.aspx>

Visit Is It Covered? At www.tricare.mil/CoveredServices/IsItCovered.aspx

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www.facebook.com/tricare; www.twitter.com/tricare ;


<http://www.youtube.com/TRICAREhealth>



MILITARY RETIREE APPRECIATION NIGHT

**November 12, 2015 from 5:30 – 9:00 pm
at the Eagle's Landing Ballroom**







Free Dinner for the First 200 Guests!
Free Flu shots!!
Door Prize Giveaways!!!

Meet Representatives from

- VFW
- Dept of VA
- Legal
- Commissary
- Exchange

...and MORE!





'Make it Better
Retiree' FB page
Coming soon!



@SJAFOB



Instagram

SJAFOB



U.S. AIR FORCE

See our SJAFOB Webpage at:

<http://www.seymourjohnson.af.mil>

Check out our **NEW** Retiree Webpage at (adding more info daily):
<http://www.seymourjohnson.af.mil/library/makeitbetterretirees>

AUTO HOBBY 722-1309
BASE CHAPEL 722-0315
EYE CLINIC 722-1869

GYM 722-0409
LEGAL 722-5322
LIBRARY 722-5826

RETIREE ACTIVITIES 722-1119
OUTDOOR REC 722-1104
TRICARE COUNSELOR 722-1951