

#### Are you interested in becoming a **Key Spouse?**

#### Do you have these traits of an effective Key Spouse?

- 1. Good communicator
- 2. Professional
- 3. Person of integrity
- 4. Can adhere to privacy and confidentiality guidelines
- 5. Loyal to Leadership
- 6. Knowledgeable of Microsoft Office (optional)

If so contact your Squadron Commander or 1st Sergeant about becoming a Key Spouse.



**Contact the Airman & Family Readiness Center** to find the name of **YOUR Key Spouse and for more** information!

# Let your **Key Spouse** help you unlock the knowledge

|                 | Key Spouse |
|-----------------|------------|
| YOUR UNIT POC'S | Program    |

| COMMANDER:    |  |
|---------------|--|
| PHONE #:      |  |
| 1ST SERGEANT: |  |
| PHONE #:      |  |
| KEY SPOUSE:   |  |
| PHONE #:      |  |



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For more information Contact:

Airman & Family Readiness Center 1200 Wright Brothers Avenue Bldq. 3602 Seymour Johnson AFB, NC 27531 919-722-1123



# Why is a Key Spouse important to me?

Key Spouses are important to you because they:

- Welcome you into your unit
- Improve the morale of the entire unit by truly caring
- Are a vital link in exchanging information between unit leadership and families
- Are a peer-to-peer support system on handling military life experiences
- Are visible by attending unit, base, and community events
- Direct you to community information, volunteer opportunities, and referral services
- Help your family prepare for separations due to deployments and long-term TDYs

# How Can a Key Spouse Help?

Key Spouses can help you because they:

- Know what it is like!
- Share extensive knowledge of unit/ community events
- Point you in the right direction to get your questions answered
- Listen when you need to talk
- Provide support during deployments
- Help facilitate communication with unit leadership
- Key Spouses follow Privacy Act, Confidentiality, and Mandatory reporting guidelines.

### **Key Spouses**

| Are:                            | Are Not:                          |
|---------------------------------|-----------------------------------|
| - Volunteers                    | - Counselors                      |
| - Trained                       | - Babysitters                     |
| - Active                        | - Taxi Drivers                    |
| - Visible                       | - Gossips                         |
| - Available                     | - Fundraisers                     |
| - Team Players                  | - To assume leadership            |
| - Conduit of information        | authority                         |
| - Official unit representatives | <ul> <li>Working alone</li> </ul> |

## **Key Spouse Team**

- The Key Spouse Program is a commander's program that promotes partnerships with unit leadership, volunteer Key Spouses (appointed by the commander), families, the Airman & Family Readiness Center, and other community and helping agencies.
- The program is standardized across the Air Force to address the needs of all military families with special emphasis on support to families across the deployment cycle.
- A Key Spouse Mentor acts an advocate and supports Key Spouse initiatives. They attend trainings and encourage spouses/family interactions with each other/unit. The Key Spouse Mentor is a valuable asset to the Key Spouses.