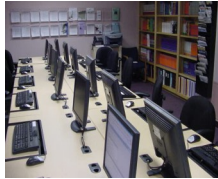


Available Resources at A&FRC

Discovery Resource Center

The Discovery Resource Center consists of a FREE lab with computers and flat panel monitors, high speed Internet access, numerous literature and tutorial titles available for weekly checkout, a FAX machine, paper shredder, color copier, and a printer.



MFLC

Offers free and confidential counseling to military members and their families. Consultations are anonymous and no records are kept. Call (919)- 886-3346 for assistance. There is also a Child & Youth Behavior Life Counselor, call (919) 886-3405.

WIC

(Women, Infants, Children) A satellite office to the downtown office is located at the A&FRC. WIC provides vouchers to assist with the purchasing of food for children. Open Monday and Wednesday only.

DSN: 722-1123

COMM: (919)722-1123

Fax: (919) 722-1126

Email: 4FSS.FSFR@seymourjohnson.af.mil

Hours of Operation:

Monday-Friday 0800 to 1600;

Closed Weekends, Holidays & Family Days

Do you know what the A&FRC has to offer?

Air Force Aid Society– Provides emergency financial assistance to Air Force members, both active duty and retired and their families through interest-free loans.

Casualty Assistance– Provides prompt reporting, dignified and humane notification, efficient, thorough, and compassionate assistance to family members.

Employment Assistance– Helps enhance the marketability and employability of spouses and active duty member through individual career counseling and classes.

Personal and Work Life: enhances the well-being of families and strengthens their adaptation to the unique demands of USAF life

Personal Financial Readiness– Offers information, education and counseling on a variety of financial topics and classes.

Personal and Family Readiness– Provides mobility and deployment assistance to help single and married DoD personnel and families meet pre-deployment, sustainment, reintegration, and post-deployment challenges.

Transition Assistance– Provides separating/ retiring members and their families the skills required to make a successful transition to the civilian sector.

Volunteer Resource-Provides recruitment, placement, and recognition and training opportunities for base/community volunteers



RELOCATION ASSISTANCE PROGRAM

Airman & Family Readiness Center

1200 Wright Brothers Ave.

Bldg. 3602

Seymour Johnson AFB, NC

919-722-1123

Visit us at www.facebook.com/sjafrc

Relocation Assistance Program

A&FRC Mission

- To provide leadership consultation to promote the successful adaptation of Airmen and their families to the demands of the military life
- Support and maintain mission readiness by assisting individuals and families with adaptation to the challenges

Relocation Assistance Program's Goal

The goal of the Relocation Assistance Program is to increase knowledge and skills needed by military members, DoD civilians, and their families to have a successful moving experience.

Who can use these services

- Services are available for active duty, DoD civilians, retirees, single Airman, and all family members
- Individuals and couples may attend classes or meet with a consultant one-on-one

Tips for having a positive move

- Plan ahead
- Conduct family planning meetings
- Learn about your new location visit www.afcrossroads.com
- Create a checklist & learn more at www.militaryonesource.com
- Create a home inventory list
- Keep in touch with your sponsor
- Let A&FRC assist with your move!

The Relocation Assistance Program offers the following services to assist with your move:

NEWCOMER'S ORIENTATION—New to the area? We welcome all new DoD personnel and their families at our mandatory base orientation program.

LOAN CLOSET—Just arriving or departing? We have household items available for short-term checkout to help you maintain/set up house temporarily.

AIRMAN'S ATTIC—Open to all E-6s and below and their families. Stop by and shop for free—keep the \$\$\$ in your pocket. Leaving? Donate your unwanted serviceable items to other Airmen.

SMOOTH MOVE—PCSing, separating, or retiring? Smooth move is designed to help you successfully navigate the relocation maze by helping to minimize stress, confusion, and hardships associated with moving. You'll hear from A&FRC, Housing, Military Pay, Lodging, Family Advocacy, Legal, and Financial Management experts.

SPONSORSHIP PROGRAM— First impression do matter! Our sponsorship program is designed to equip appointed sponsors with the training and tools they need to assist newcomers. Sponsorship training called Electronic Sponsorship Application Training (eSAT) is found at http://sso.militaryonesource.mil/MOS/?p=SSO:CONSENT:0:::PI_ID:311

Key Moving & Relocation Websites

AF Aid Society - www.afas.org
City of Goldsboro - www.ci.goldsboro.nc.us
Chamber of Commerce - www.waynecountychamber.com
Downtown Goldsboro Development Corp - www.dgdc.org
Employment Security Commission of NC - www.ncesc.com
Home Buying/Renting - www.ahrn.com and www.militarybyowner.com
Military OneSource - www.militaryonesource.com
Newspaper - Goldsboro area (New Argus) - www.newsargus.com
PCS America - www.pcsamerica.net
Restaurant Guide (Goldsboro's Area) - www.newsargus.com/guide/dining
Seymour Johnson AFB - www.seymourjohnson.af.mil
USO Directory - www.uso.org
Wayne County Public Schools - www.waynecountyschools.org
Wayne County Travel & Tourism - www.greatergoldsboro.com